November 2025

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The Wave #47



Riding the wave of more effective communication together

CAMPING IN AGUA CALIENTE WITH MY TRUCK AND CAMPER BY BILL BARNES

When I first got the truck I bought and used a camper. I sold that camper. Then I purchased a travel trailer. Since I have had my stroke, I sold the travel trailer.

I miss going to the sauna at Agua Caliente.



FRANK'S WHALE WATCHING ADVENTURE BY FRANK LUSSIER

I had fun in Oceanside Harbor. It was a whale watching excursion. The boat was called Nala.



- I saw a humpback whale, and it was magnificent seeing it.
- I saw dolphins playing around in the water. It seems to me that they were looking for fish.
- I saw a lot of birds like brown pelicans, pink-footed shearwater, and a lot of seagulls.
- I saw a pod of sea lions, and they were sleeping.



MY ACADEMIC AND PROFESSIONAL JOURNEY BY LAWRENCE D'SOUZA

Hi, I have a PhD in organic chemistry. I graduated in 1996 from the PhD program. After that, I moved to Jerusalem, Israel for the 1st post-doctoral position where I worked for 2 ½ years. There I worked for young researchers, training and learning with myself.



After that, I came to Scripps in La Jolla. I continued to a second post-doctoral research position. Eventually, I thought post-doctorates were enough, so I started a research position as senior scientist, associate, and director. In Jerusalem and at Scripps, I continued research and scientific publications.

I worked for positions in industries where my work is in research papers and was patented. I worked for Amylin and Pace Life Technology for 20 years.

At Amylin Pharma, I worked on peptides. Exenatide-4 novel peptide is in the spit of Gila Monster. I used the peptide as antidiabetic drug named Exenatide-Byetta-GLP-1-Agonist. In 2005, Exenatide was approved by FDA as antidiabetic drug. It is a safe and effective drug to be injected. Now, Byetta has competition with Novonordisk (Lira and Ozempic).

At Pace Life Technology, I was working with a "long duration action" drug (meaning, 1 week to 1 month injection). There, I challenged the scientists, so they produced better outcomes. I had multiple clients; I prepared presentations and the best possible design for the problems.

On January 2nd, 2025, I had a stroke and now am recovering — and willing to contribute the work I have as a gift to share everywhere.



OUR FAVORITE RECIPES



Once upon a time, in the AM in-person aphasia and cognition group, we had an idea to share with our fellow group members some of our favorite recipes. Each of us was asked to contribute 2 items - 1 main meal and 1 dessert. We brought pictures of our favorite recipes. We worked as a team and assembled a cookbook.

This activity targeted executive functioning, different levels of attention, multitasking, reading, understanding what we hear, and speaking. We enjoyed contributing and are excited to duplicate our recipes in the future!

Click this link to view our virtual cookbook. We hope you love these recipes are much as we do!
https://docs.google.com/document/d/1-202RPm6UHkxvhBV7nkITKh3iC3d40MxR6ph-hSvfb4/edit?usp=sharing

Everyone did their part!

Rich typed on a laptop to put together the cookbook.





And made copies and printed recipes.

Nancy drew the cover of the cookbook. And drew a pitcher filled with utensils.





Alan picked out pictures for the main dishes. And found the "o" rings to hold the cookbook together.





Gloria took pictures for the newsletter. And sorted the cover pages to make 5 piles.





PM ZOOM APHASIA & COGNITION GROUP ARE THANKFUL FOR …



My phone measures my steps when I'm walking.



They give me something to do while I'm walking.



Lorraine

Wendy is important because she is my daughter and we are friends forever.

Brad



My family is always with me and takes care of me.



This is something very few people can do but I hope it helps people see animals and how we can help them.



Community is important to me because it's nice to have others support you and you get to help them in return.



Felipe

I am thankful for God.



I am thankful for my family because they have been there for me.



I am thankful for my health.



My family making silly faces.

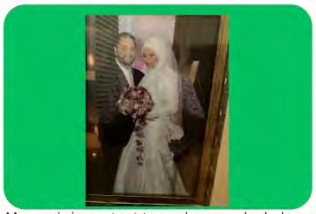


I drew Royce and I.



Dad is my favorite person.

John Lennon is special because he sings my favorite song, Imagine.



Raja

My son is important to me because he helps me with so much and as a doctor he helps people.

Michael

I love you!

Gigi is a special and cute dog!



I like Christmas because of the Christmas lights, food and drinks, and Christmas tree.



Growing fruit it is fresh and can share fruit with my community

THE PIG ADVENTURES: AN INTERVIEW WITH JIM SINCLAIR

We believe that this is a “first” for a pair of pigs.

There are two pigs. Their names are Pig and Toot. We have had the pigs between 10-20 years. My wife bought the pigs. My wife and I took the pigs on our travels. I would carry the pigs in my backpack. The pigs liked all of the countries.

The pigs still live with my wife and me in Oceanside. The pigs have lived in New Jersey, San Francisco, and Oceanside. Travel of any sort was high on their list of great pleasures.



*The Pigs on seven continents: **USA** in the middle, then clockwise: **New Zealand**, **Germany**, **Morocco**, **Antarctica**, **Nepal**, and then **Brazil** at the top.*



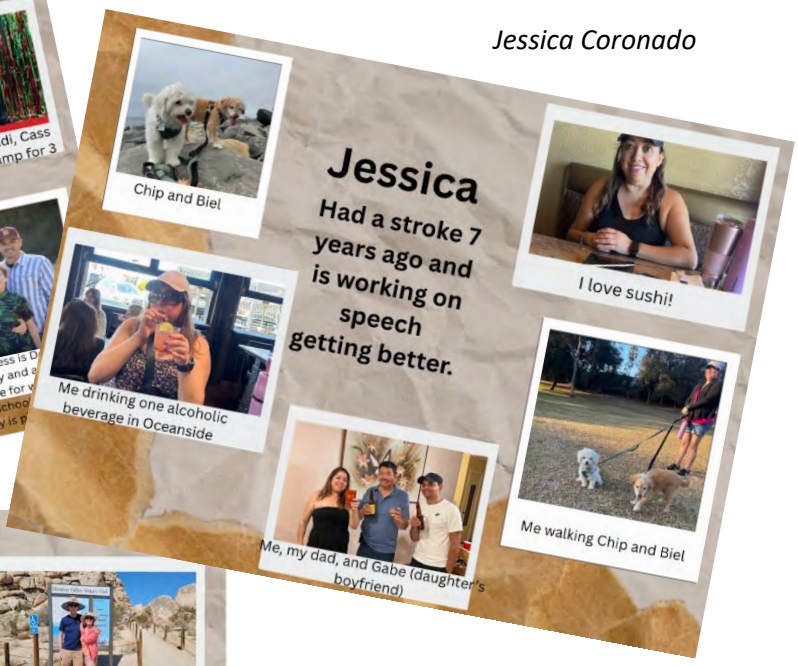
MORNING ZOOM APHASIA SCRAPBOOK, PART 2

A continuation of our Aphasia Zoom Group's Scrapbook! Our group met every Tuesday and Thursday to share stories and create meaningful picture captions together. Each session gave us a chance to get to know one another better while practicing communication. These photos capture the creativity and teamwork that made our group so special!

Bridgett DeSonia



Jessica Coronado





Keith Stuart

FACES IN THE CROWD BY BRUCE HEIMBACH

My art hobby is an adventure, using different types of mediums.
Some are oil paintings, pencils on paper, and watercolor.

My beloved student clinicians are a collection of portraits to 'give back' with my artwork, for my 'time and effort' to learn.
It is gratitude and payment.





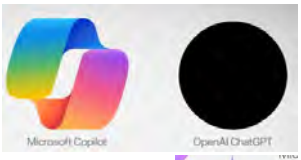


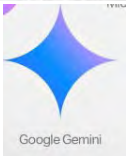






SLP CORNER: 3 WAYS TO USE AI





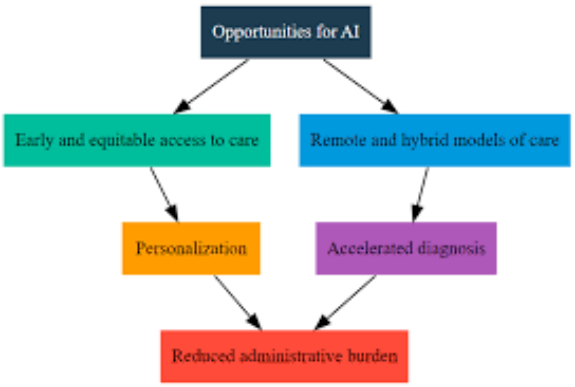
1. **Streamlining Documentation and Administrative Tasks**. AI can help reduce the significant administrative burden, allowing SLPs to focus more on direct client care.

- Automated Note Generation
- Custom Material Creation
- Goal and Report Writing

2. **Enhancing Assessment and Diagnosis**. AI's ability to analyze vast amounts of data cab help in more objective and precise analysis.

- Speech Analysis: AI-powered automatic speech recognition (ASR) systems can analyze speech patterns with high precision.
- Machine learning models can analyze short speech or language samples to help predict risk status for conditions like developmental language disorder (DLD) or autism, supporting earlier identification.
- AI can condense and summarize large amounts of assessment data into a more digestible format.

3. **Improving Intervention and Client Practice**. AI tools can extend therapy beyond the clinic, offering consistent and personalized support.



- Personalized Home Practice: AI-powered virtual assistants or adaptive learning platforms can provide interactive exercises and real-time feedback to clients outside of sessions.
- Immersive Therapy: Technologies like Virtual Reality (VR) combined with AI can create simulated real-world scenarios (e.g., ordering food at a restaurant) for practicing fluency or social communication skills in a safe environment.
- Augmentative and Alternative Communication (AAC): AI enhances AAC devices with predictive text and by facilitating voice banking to create personalized synthetic voices that reflect the user's identity.

FYI: You can always find previous issues of *The Wave* on the Speech-Language Clinic page of the CSUSM website: http://www.csusm.edu/slp/clinic/thewave.html