

Student Spotlight

Tiana Smith

Cohort 18
Health Promotion
Concentration

Public Health Interest

Public Health Informatics

Academic and Professional Involvement





"I was part of the CSULB Public Health Informatics and Technology (PHIT) program where I was able to learn how to work with ArcGIS Pro making maps and learning to code in RStudio. I am hoping that my future career will focus on something similar to this. Currently I am also working as a research assistant for PIC Health where we are working towards improving health outcomes for the Pacific Islander and Latino communities."

PACIFIC ISLANDER COMMUNITY HEALTH

Public Health Informatics and Technology

Keeping meals balanced by making sure to always have some protein, complex carbs and fiber with every meal. This stops her from snacking as much because protein and fiber are satiating.

Tiana's healthy habit