CATALOG TERM: 2025-2027 **TOTAL UNITS REQUIRED = 20**

PHYSICAL EDUCATION MINOR

- This worksheet is intended for supplemental use only. The University will use your Academic Requirements Report (ARR) to track your graduation requirements, including those for your minor. Please continue to check your ARR for accuracy. If your ARR requires a correction, please submit an ARR Correction Form.
- Your Degree Planner will display the following requirements in the University's recommended sequence.
- All courses used for the minor must be completed with a grade of C (2.0) or higher.
- All non-articulated courses MUST be reviewed and approved by a faculty advisor.
- Kinesiology majors may pursue this minor if 10 units are mutually exclusive, i.e., not double-counted for the Kinesiology major and Minor in Physical Education.
- The minor must contain at least 6 units beyond those used for major requirements and other minors (APC 265-03).

REQUIRED COURSEWORK (20 UNITS)

Students may not complete the same KINE 100-level Physical Activity Course twice:

✓	Course	Units
	KINE 100-level Physical Activity Course #1:	1
	KINE 100-level Physical Activity Course #2:	1

✓	Course	Units
	PE 203: Physical Education for Elementary School Children	3
	EDUC 350: Foundations of Teaching as a Profession	3
	KINE 310: Social and Emotional Health	3
	KINE 311: Movement Pedagogy (*junior or senior standing)	3

Select 2 courses from the following:

KINE 316: Stress Management
KINE 405: Health and Drug Education (*upper-division standing)
KINE 408: Physical Education for Diverse Populations (*upper-division standing)

✓	Course	Units
		3
		3

**prerequisite*