Planner Requirements Overview

KINEHS-BBS 2025 Sequence (Requirement: 000020014, Effective Date: 08/01/2025)

Acad Prog:	UBACH	Undergraduate	Default Units Per Term:	15	Send to Degree Search:	Yes
Acad Plan:	KINEHS-BBS	Kinesiology - Health Scien BS	Total Units to Graduate:	120	Use Catalog Prefs:	Yes
			Reporting Only:	No		

[01] 1st Semester (Units: 16, Lines: 6)

01.01 **BIOL 104** — Typically Offered: Fall and/or Spring
0010, Major Requirement (GE-5B Biological Science), Units: 4
Min Grade Points/Unit: 2

01.02 **GEW 101B (formerly GEW 101) (Fulfills Subject Area 1A)** — Major 1 Only: Y
0230, CAL GETC (GE-1A English Composition), Units: 3
Min Grade Points/Unit: 1.7

Pre-Requirement	o (1603/0010) and o [Support Course] GEW 101A (1603/0020) and o (1604/0010) and o [Support Course] GEW 101A (1604/0020) and o (1603/0030) and o (1603/0040) and o (1603/0050) and o DSP 3/4 [Support Course] GEW 101A - GE A3 (1603/0060) and o [REQUIRED Support Course] DSP 2 (1603/0070) [Same Term OK] and o (1604/0030) and o (1604/0040) and o (1604/0050) and o DSP 3/4 [Support Course] GEW 101A - Subject Area 1B (1604/0060) and o [REQUIRED Support Course] DSP 2 (1604/0070) [Same Term OK]

01.03 **Additional Elective - 3 Units** — Display Note: Y
0310, Elective Requirement (Elective), Units: 3 — Typically Offered: Intermittently
Allow Any Course: Unused Courses
Notes: Additional Elective - 3 Units: For First Year Freshman Kinesiology Students
KINE 190-1 or UNIV 180-5 is recommended

01.04 **GE MATHEMATICS (Subject Area 2) (MATH 100 or 115 Advisor Recommended)** — Major 1 Only: Y
0250, CAL GETC (GE-2 Math/Quant Reasoning), Units: 3
Min Grade Points/Unit: 1.7
Notes: The KINE Department recommends MATH 100 or MATH 115 to meet Subject Area 2

Pre-Requirement	o MATH 30 (10026/0050) o see above

01.05 **Additional Elective - 3 Units**
0350, Elective Requirement (Elective), Units: 3
Allow Any Course: Unused Courses

[02] 2nd Semester (Units: 17, Lines: 7)

02.01 **KINE 202** — Typically Offered: Fall and/or Spring
0020, Major Requirement (Major Requirement), Units: 3
Min Grade Points/Unit: 2

02.02 **CHEM 105 or CHEM 150 (Fulfills Subject Area 5A)**
0060, Major Requirement (GE-5A Physical Science)
Units: 4
Min Grade Points/Unit: 2
Notes: CHEM 150 prerequisite: A score of above 50% on the Chemistry Placement Exam (CPE), or either CHEM 101 or CHEM 105 with a minimum grade of C.
Display Note: Y
Typically Offered:

Co-Req

CHEM 105L or CHEM 150L (Fulfills Subject Area 5C) (1 of 1)
0070, Major Requirement (GE-5C Laboratory), Units: 1

Co-Sequence	CHEM 105L or CHEM 150L (Fulfills Subject Area 5C) (20014/0070)

02.03 **CHEM 105L or CHEM 150L (Fulfills Subject Area 5C)**
0070, Major Requirement (GE-5C Laboratory)
Units: 1
Min Grade Points/Unit: 2
Typically Offered:

Co-Req

CHEM 105 or CHEM 150 (Fulfills Subject Area 5A) (1 of 1)
0060, Major Requirement (GE-5A Physical Science), Units: 4

Co-Sequence	CHEM 105 or CHEM 150 (Fulfills Subject Area 5A) (20014/0060)

02.04 **PSYC 100** Typically Offered: Fall and/or Spring
0040, Major Requirement (Major Requirement), Units: 3
Min Grade Points/Unit: 2

02.05 **Subject Area 1B - Critical Thinking** Major 1 Only: Y
0260, CAL GETC (GE-1B Critical Thinking), Units: 3

02.06 **SUBJECT AREA - 3A, 3B, 4H, 4C, 6** Major 1 Only: Y
0270, CAL GETC (GE-3/4/6), Units: 3

[03] 3rd Semester (Units: 15, Lines: 7)
Once you have made your course selections, click on the ARR PLANNED LINK (top of page), to confirm that your selections sufficiently meet your degree requirements for the major/minor.

03.01 **BIOL 175 or 177 or KINE 390-11 (Subject Area 5B and 5C)**
0030, Major Requirement (GE-5B Biological Science), Units: 4
CRITICAL
Min Grade Points/Unit: 2

Co-Sequence	BIOL 176 or BIOL 178 or KINE 390-12 (20014/0050)
Pre-Requirement	o BIOL 104 (20014/0010) [Same Term OK]

03.03 **SUBJECT AREA - 3A, 3B, 4H, 4C, 6** Major 1 Only: Y
0240, CAL GETC (GE-3/4/6), Units: 3

03.04 **SUBJECT AREA - 3A, 3B, 4H, 4C, 6** Major 1 Only: Y
0280, CAL GETC (GE-3/4/6), Units: 3

03.05 **SUBJECT AREA - 3A, 3B, 4H, 4C, 6** Major 1 Only: Y
0290, CAL GETC (GE-3/4/6), Units: 3

03.05 **KINE 100 Level Activity**
0005, Major Requirement (Major Requirement), Units: 1
Min Grade Points/Unit: 2

[04] 4th Semester (Units: 13, Lines: 6)

04.01 **BIOL 176 or BIOL 178 or KINE 390-12**
0050, Major Requirement (Major Requirement), Units: 4
CRITICAL
Min Grade Points/Unit: 2

Co-Sequence	BIOL 175 or 177 or KINE 390-11 (Subject Area 5B and 5C) (20014/0030)

04.02 **GE - Oral Communication (Fulfills Subject Area 1C)** Major 1 Only: Y
0220, CAL GETC (GE-1C Oral Communication), Units: 3
Min Grade Points/Unit: 1.7

04.04 **SUBJECT AREA - 3A, 3B, 4H, 4C, 6** Major 1 Only: Y
0300, CAL GETC (GE-3/4/6), Units: 3

04.05 **KINE 200** Typically Offered: Fall and/or Spring
0090, Major Requirement (Major Requirement), Units: 1
Min Grade Points/Unit: 2

04.06 **KINE 201** Typically Offered: Fall and/or Spring
0100, Major Requirement (Major Requirement), Units: 1
Min Grade Points/Unit: 2

[05] 5th Semester (Units: 14, Lines: 4)

05.01 **KINE 303** Display Note: Y
0120, Major Requirement (Major Requirement), Units: 3 Typically Offered: Fall and/or Spring
CRITICAL
Min Grade Points/Unit: 2
Notes: This course is a critical co-requisite/pre-requisite to many of the KINE courses, do not delay in taking this course

Pre-Requirement	o BIOL 104 (20014/0010) and o KINE 202 (20014/0020) and o BIOL 175 or 177 or KINE 390-11 (Subject Area 5B and 5C) (20014/0030) o see above and o BIOL 176 or BIOL 178 or KINE 390-12 (20014/0050)

05.02 **KINE 301 or KINE 305 - Both Courses are Required**
0110, Major Requirement (Major Requirement), Units: 4
Min Grade Points/Unit: 2
Notes: Please be sure to click on the blue icon for pre-requisite requirements before selecting a class

Pre-Requirement	o BIOL 104 (20014/0010) and o BIOL 175 or 177 or KINE 390-11 (Subject Area 5B and 5C) (20014/0030) o see (05.01) above and o BIOL 176 or BIOL 178 or KINE 390-12 (20014/0050) and o KINE 202 (20014/0020) and o KINE 303 (20014/0120) [Same Term OK] o see above

05.03 **KINE 311 or KINE 326 - Both Courses are Required**
0150, Major Requirement (Major Requirement), Units: 4
Min Grade Points/Unit: 2
Notes: Please be sure to click on the blue icon for pre-requisite requirements before selecting a class

Pre-Requirement	o BIOL 104 (20014/0010) and o BIOL 176 or BIOL 178 or KINE 390-12 (20014/0050) and o BIOL 175 or 177 or KINE 390-11 (Subject Area 5B and 5C) (20014/0030) o see (05.01) above and o KINE 202 (20014/0020) and o KINE 303 (20014/0120) [Same Term OK] o see (05.02) above

05.04 **KINE 316 or KINE 405 - Both Courses are Required**
0130, Major Requirement (Major Requirement), Units: 3
Min Grade Points/Unit: 2
Notes: Please be sure to click on the blue icon for pre-requisite requirements before selecting a class

Pre-Requirement	o BIOL 104 (20014/0010) and o BIOL 176 or BIOL 178 or KINE 390-12 (20014/0050) and o BIOL 175 or 177 or KINE 390-11 (Subject Area 5B and 5C) (20014/0030) o see (05.01) above and o KINE 202 (20014/0020)

[06] 6th Semester (Units: 17, Lines: 5)

06.01 **KINE 301 or KINE 305 - Both Courses are Required**
0140, Major Requirement (Major Requirement), Units: 4
Min Grade Points/Unit: 2
Notes: Please be sure to click on the blue icon for pre-requisite requirements before selecting a class

Pre-Requirement	o BIOL 104 (20014/0010) and o BIOL 176 or BIOL 178 or KINE 390-12 (20014/0050) and o BIOL 175 or 177 or KINE 390-11 (Subject Area 5B and 5C) (20014/0030) o see (05.01) above and o KINE 202 (20014/0020) and o KINE 303 (20014/0120) [Same Term OK] o see (05.02) above

06.02 **KINE 311 or KINE 326 - Both Courses are Required**
0210, Major Requirement (Major Requirement), Units: 4
Min Grade Points/Unit: 2
Notes: Please be sure to click on the blue icon for pre-requisite requirements before selecting a class

Pre-Requirement	o BIOL 104 (20014/0010) and o BIOL 176 or BIOL 178 or KINE 390-12 (20014/0050) and o BIOL 175 or 177 or KINE 390-11 (Subject Area 5B and 5C) (20014/0030) o see (05.01) above and o KINE 202 (20014/0020) and o KINE 303 (20014/0120) [Same Term OK] o see (05.02) above

06.03 **GE Upper Division** Major 1 Only: Y
0330, CAL GETC (Upper Division GE), Units: 3 Display Note: Y
Notes: Must be Taken After Earning 60 Units

06.04 **KINE 316 or KINE 405 - Both Courses are Required**
0200, Major Requirement (Major Requirement), Units: 3
Min Grade Points/Unit: 2
Notes: Please be sure to click on the blue icon for pre-requisite requirements before selecting a class

Pre-Requirement	o BIOL 104 (20014/0010) and o BIOL 176 or BIOL 178 or KINE 390-12 (20014/0050) and o BIOL 175 or 177 or KINE 390-11 (Subject Area 5B and 5C) (20014/0030) o see (05.01) above and o KINE 202 (20014/0020)

06.05 **HEALTH SCIENCE BREADTH DIVERSE POPULATIONS: KINE 408 or KINE 426 or KINE 427**
0160, Major Requirement (Major Requirement), Units: 3
Min Grade Points/Unit: 2
Notes: Please be sure to click on the blue icon for pre-requisite requirements before selecting a class

Pre-Requirement	o BIOL 104 (20014/0010) and o BIOL 176 or BIOL 178 or KINE 390-12 (20014/0050) and o BIOL 175 or 177 or KINE 390-11 (Subject Area 5B and 5C) (20014/0030) o see (05.01) above and o KINE 202 (20014/0020)

[07] 7th Semester (Units: 13, Lines: 6)

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07.01 **KINE 404 or KINE 407 - Both Courses are Required**
***KINE 404 - Fulfills Diversity & Equity in the U.S.**
0080, Major Requirement (Diversity & Equity U.S.), Units: 3
Min Grade Points/Unit: 2
Notes: Please be sure to click on the blue icon for pre-requisite requirements before selecting a class

Pre-Requirement	o BIOL 104 (20014/0010) and o BIOL 176 or BIOL 178 or KINE 390-12 (20014/0050) and o BIOL 175 or 177 or KINE 390-11 (Subject Area 5B and 5C) (20014/0030) o see (05.01) above and o KINE 202 (20014/0020)

07.02 **HEALTH SCIENCE BREADTH NUTRITIONAL SCIENCE: KINE 336 or KINE 415**
0180, Major Requirement (Major Requirement), Units: 3
Min Grade Points/Unit: 2
Notes: Please be sure to click on the blue icon for pre-requisite requirements before selecting a class

Pre-Requirement	o BIOL 104 (20014/0010) and o BIOL 176 or BIOL 178 or KINE 390-12 (20014/0050) and o BIOL 175 or 177 or KINE 390-11 (Subject Area 5B and 5C) (20014/0030) o see (05.01) above and o KINE 202 (20014/0020)

07.03 **GE Upper Division** — Major 1 Only: Y
0340, CAL GETC (Upper Division GE), Units: 3 — Display Note: Y
Notes: Must be Taken After Earning 60 Units

07.04 **DIVERSITY & EQUITY IN GLOBAL CONTEXTS - It is strongly recommended to select a course that meets this requirement on your GE upper-division line. Doing so will clear this requirement.**
0380, University Requirement (Diversity & Equity Global), Units: 3

07.05 **Additional Elective - 1 unit** — Typically Offered: Intermittently
0420, Elective Requirement (Elective), Units: 1
Allow Any Course: Unused Courses

[08] 8th Semester (Units: 15, Lines: 5)

08.01 **KINE 404 or KINE 407 - Both Courses are Required**
***KINE 404 - Fulfills Diversity & Equity in the U.S.**
0170, Major Requirement (Major Requirement), Units: 3
Min Grade Points/Unit: 2
Notes: Please be sure to click on the blue icon for pre-requisite requirements before selecting a class

Pre-Requirement	o BIOL 104 (20014/0010) and o BIOL 176 or BIOL 178 or KINE 390-12 (20014/0050) and o BIOL 175 or 177 or KINE 390-11 (Subject Area 5B and 5C) (20014/0030) o see (05.01) above and o KINE 202 (20014/0020)

08.02 **HEALTH SCIENCE BREADTH COMPARATIVE HEALTH: KINE 310 or SOC 314 or HD 350**
0360, Major Requirement (Major Elective), Units: 3
Min Grade Points/Unit: 2
Notes: Please be sure to click on the blue icon for pre-requisite requirements before selecting a class

08.03 **GE Upper Division**
0320, CAL GETC (Upper Division GE), Units: 3
Notes: Must be Taken After Earning 60 Units.
Major 1 Only: Y
Display Note: Y

08.04 **KINE 495C**
(KINE 496C or KINE 497 May be taken in lieu of KINE 495C but require Instructor Consent to enroll)
0190, Major Requirement (Major Requirement), Units: 3
Min Grade Points/Unit: 2

Pre-Requirement	o BIOL 104 (20014/0010) and o BIOL 176 or BIOL 178 or KINE 390-12 (20014/0050) and o BIOL 175 or 177 or KINE 390-11 (Subject Area 5B and 5C) (20014/0030) o see (05.01) above and o KINE 202 (20014/0020)

08.05 **ADVANCED STUDY**
0370, Major Requirement (Major Elective), Units: 3
Min Grade Points/Unit: 2

Pre-Requirement	o BIOL 104 (20014/0010) and o BIOL 176 or BIOL 178 or KINE 390-12 (20014/0050) and o BIOL 175 or 177 or KINE 390-11 (Subject Area 5B and 5C) (20014/0030) o see (05.01) above and o KINE 202 (20014/0020)